



MORNING WORKSHOPS

Urban Trails: Planning, Funding, Design & Construction

Trail Maintenance Fundamentals

Moonshine Arch Case Study of Creating a Family-Friendly Trail

McCoy Flats - Creating a Congressionally Designated Mountain Bike Trail System

Red Fleet Flow Trail System and Cross-Country Trails

Buckskin Hills Recreation Complex: Creating a NICA Mountain Biking Racecourse

Universal Design in Trail Building: Adaptive Mountain Biking

Gravel Galore: Revving Up Rural Routes for Racing and Prosperity

OFFERED ONLY IN THE MORNING:
Capturing the Beauty of Trails:
Photography & Videography Workshop

AFTERNOON WORKSHOPS

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Gravel Galore: Revving Up Rural Routes for Racing and Prosperity

OFFERED ONLY IN THE AFTERNOON:
Drones and Trail Planning
Forest Bathing (Shinrin-Yoku) Workshop

FULL-DAY WORKSHOPS & EXCURSIONS

Fundamentals of Trail Design and Layout

Wilderness Trail Maintenance

Rock-Crawling Adventure & Signage Service Project

Wilderness First Aid on the Trails Refresher

Ghost Towns & Trails: American West OHV Expedition



FULL-DAY WORKSHOPS & EXCURSIONS

FUNDAMENTALS OF TRAIL DESIGN AND LAYOUT

Whether you plan, build, or maintain trails, knowing the logic behind trail design decisions helps you accomplish your role better. This workshop will teach the principles behind it and allow you to apply fundamental trail design strategies to propose a trail corridor, refine an alignment, and then tight flag a trail on the ground. This is an all-day workshop.

WILDERNESS TRAIL MAINTENANCE

Wilderness offers hikers, backpackers, and equestrians a unique opportunity for solitude and primitive recreation in a natural, untrammeled, undeveloped environment. This workshop will focus on traditional trail-building and maintenance skills, including an introduction to cross-cut saws and other traditional trail-building tools and skills. This is an all-day workshop.

ROCK-CRAWLING ADVENTURE & SIGNAGE SERVICE PROJECT

Join us for an exhilarating workshop that combines the thrill of rock-crawling with a meaningful service project. Experience the adrenaline rush as you navigate rugged terrain, driving portions of the trail yourself. Then, roll up your sleeves and contribute to the community by placing signage for various obstacles along the rock-crawling route. Gain insight into the history and development of Doc's Beach as a recreational haven while making a tangible impact on its future.

WILDERNESS FIRST AID ON THE TRAILS REFRESHER

This is not a certification course. Instead, this field workshop will give an introduction or refresher for how to provide first aid for the most common injuries encountered in the field.



FULL-DAY WORKSHOPS & EXCURSIONS - CONTINUED

GHOST TOWNS & TRAILS: AMERICAN WEST OHV EXPEDITION

Embark on a captivating journey through a unique part of the American West with a team of expert cultural historians, land managers, and a local OHV recreationalist as your guides! Learn about and explore the history of ghost towns with names like Dragon, Rainbow, Watson and others. Each with fascinating tales and remnants of bygone eras. This workshop will traverse a historic railway and delve into narratives of mining, ranching, the fur trade, local Native American history, and the important contributions of Buffalo Soldiers and Black cowboys in this area. Learn more about the challenges facing preserving these places and how recreation can be a positive catalyst for safeguarding cultural heritage. Join us as we unite with local partners to celebrate the vibrant history of Wyoming, Colorado, and Utah.



HALF-DAY WORKSHOPS

SESSIONS ARE REPEATED AND AVAILABLE IN THE MORNING OR AFTERNOON.

URBAN TRAILS: PLANNING, FUNDING, DESIGN, & CONSTRUCTION

This field trip will include site visits to the only trails currently in Ashley Valley (we are still working on more), discuss the challenges and issues of urban trails in a rural setting, and continue to the Roosevelt Nature Park, where partnerships with the Local Hospital, the City, DNR and many volunteers worked together to build a great new nature park complete with trails and the starting place for the urban trails hub in Roosevelt Utah.

TRAIL MAINTENANCE FUNDAMENTALS

Improving trails through proper maintenance improves sustainability and positive user experience. This training will introduce you to the tools, techniques, and strategies needed to get out and perform basic trail maintenance..

BUCKSKIN NICA FIELD OF DREAMS. SCHOOL MOUNTAIN BIKE TEAM COURSE

5.7 miles of trail at Uintah County’s Buckskin Hills Recreation Complex, purpose-built to accommodate school mountain bike team race events and practice. History, landownership, partnerships, design, build, maintenance, and facilities that accommodate large race events. Option to ride the course following the conversation.

MCCOY FLATS CONGRESSIONALLY DESIGNATED MOUNTAIN BIKE TRAIL SYSTEM AND RECREATION LANDSCAPE

Thirty-five miles of unique desert single-track received a similarly unique congressional designation via the 2019 Dingell Act. This grassroots trail system has become a cycling destination. This session covers the history, landownership, partnerships, design, build, maintenance, facilities, opportunities, and challenges that led to the creation of this designation.



HALF-DAY WORKSHOPS - CONTINUED

SESSIONS ARE REPEATED AND AVAILABLE IN THE MORNING OR AFTERNOON.

RED FLEET FLOW TRAIL SYSTEM AND CROSS-COUNTRY TRAILS

This recently developed BLM trail system offers a unique experience for visitors looking to hone their mountain bike speed and technical skills. Trail users can select from a green (easy), blue (intermediate), or double black (advanced) course based on their experience and comfort levels. Area with a long history of user-created trails and features. Shares a trailhead for traditional cross-country mountain bike trails with unique issues, including blasting risk from nearby mining operations and multi-jurisdictional and use issues. Option to ride in the area.

MOONSHINE ARCH CASE STUDY OF CREATING A FAMILY-FRIENDLY TRAIL

Unique and picturesque geologic features close to the town of Vernal. Family-oriented trails among the sandstone are promoted by the city, county, and BLM. History of access, including land ownership, trailhead location, motorized and non-motorized uses, etc.

UNIVERSAL DESIGN IN TRAIL BUILDING: ADAPTIVE MOUNTAIN BIKING

Get hands-on experience using adaptive mountain bikes and learn from adaptive athletes. Explore how inclusive design can maximize a successful experience for all trail users.

GRAVEL GALORE: REVVING UP RURAL ROUTES FOR RACING AND PROSPERITY

Join us for an immersive workshop, 'Gravel Galore: Revving Up Rural Routes for Racing and Prosperity,' where local gravel race organizers guide participants through the intricacies of organizing and promoting gravel biking events. Discover how these events can build a vibrant community and stimulate economic prosperity through tourism, utilizing existing gravel and dirt roads as the backbone for an exhilarating journey.



THE MOUNTAIN WEST TRAILS CONFERENCE FIELD WORKSHOPS – MAY 13TH

MORNING ONLY WORKSHOPS

THESE SESSIONS ARE NOT REPEATED.

CAPTURING THE BEAUTY OF TRAILS – PHOTOGRAPHY & VIDEOGRAPHY WORKSHOP

Join us for a two-hour field workshop where you'll learn the art of capturing stunning photos and videos of your local trails, perfect for captivating your social media audience. This workshop will provide valuable insights and techniques to enhance your storytelling through visual media. Discover how to showcase the beauty and allure of nature while effectively engaging your online community.

AFTERNOON ONLY WORKSHOPS

THESE SESSIONS ARE NOT REPEATED.

DRONES AND TRAIL PLANNING

Drones represent a new and increasingly affordable tool in the planning and visualization of trails. This hands-on workshop will help you gain experience setting up and flying drones to survey the terrain, experience the software used to interpret the data and see the direct application of these tools for trail planning and design.

FOREST BATHING (SHINRIN-YOKU) WORKSHOP

Find a new way to explore trails as you immerse yourself in the wonders of nature during this guided workshop. Experience the enchanting allure and therapeutic effects of nature trails through forest bathing. Originating from Japan as Shinrin-Yoku, forest bathing has garnered scientific recognition for enhancing immunity and mental resilience and fostering a deeper connection with nature.